

ABSTRACT OF DISCLOSURE

A method of automatically pausing an optical pickup in a DVD-RAM disc drive includes driving a DVD-RAM disc; determining whether a tracking error signal is generated during the driving of the DVD-RAM disc; generating a land/groove signal to discern land tracks and groove tracks of the DVD-RAM disc; determining from which track the tracking error signal has been generated in response to the determination that the tracking error signal has been generated; generating a jump signal in response to a state of the land/groove signal varying; and moving the optical pickup back by $\frac{1}{2}$ of a track in response to the jump signal.